



SCHOOL COUNSELOR
LEADERSHIP NETWORK
R I V E R S I D E C O U N T Y

ON-THE-GO WEBINAR SERIES

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**College and Career Readiness
Division of Educational Services**



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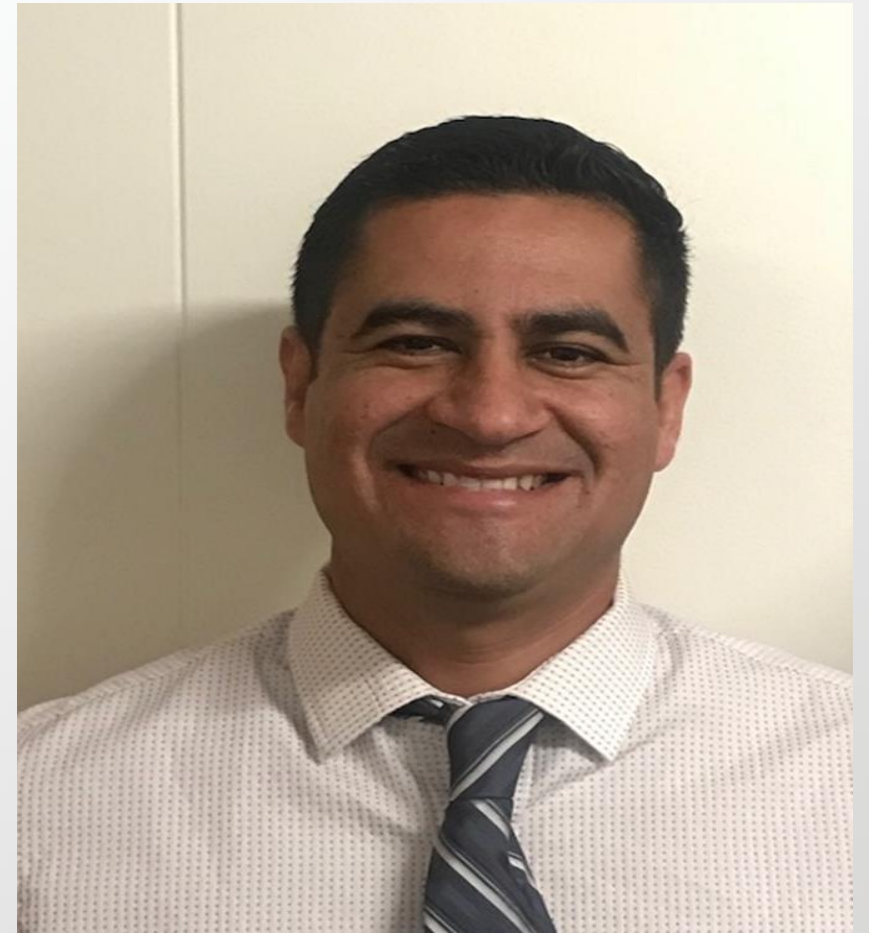
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**Murrieta Valley Unified
School District
A Comprehensive Approach
to Virtual School Counseling**



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MURRIETA VALLEY UNIFIED SCHOOL DISTRICT
Inspiring every student to think, to learn, to achieve, to care.

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During this unprecedented time in our lives, we have come together more than any other time as a Unified School District to collaborate, plan and support one another, Students, Parents, and Teachers.

“Alone we can do so little. Together we can do so much.”
Helen Keller





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AGENDA

District Overview, Protocols and Areas to Address

Elementary Virtual School Counseling

Middle School Virtual School Counseling

High School Virtual School Counseling

Q and A

District Assistance to Provide Sites

- ✓ Establish a lead counselor and AP of counseling at each site to develop a PLC (weekly meetings and these individuals disseminate information to counselors and site colleagues).
- ✓ Coordinate with IT or the Data Department for information on the online platforms educators will have access and permission to use.
- ✓ Inform counselors of the online PD for the various programs (Haiku, Office 365, Flipgrid etc...)
- ✓ Determine if counselors will have the ability to be provided a phone line via their computer.
- ✓ Coordinate with your mental health team to determine and assist with “high-risk” students

District Assistance to Provide Sites

- ✓ Create documents for virtual counseling
 - ✓ Teleconference Guidelines and Checklist
 - ✓ Virtual School Counselor Notification (sent to all students)
 - ✓ Telemental Health Permission Slip (1 on 1 continuous counseling for “at-risk” students)
- ✓ Be the conduit to provide updates to district senior leadership
- ✓ Meet virtually with site counseling leadership weekly
- ✓ Continuous research for updates on virtual school counseling
 - ✓ ASCA Webinars – Ethical Considerations: School Counseling in a Virtual Setting
 - ✓ Part 1: <https://videos.schoolcounselor.org/ethics-virtual-school-counseling>
 - ✓ Part 2: <https://videos.schoolcounselor.org/ethical-considerations-school-counseling-in-a-virtual-setting-part-2>
 - ✓ Free Professional Development Learning Opportunities During COVID-19
Ashley Kruger, CASC President
<https://docs.google.com/document/d/1uT4clkW15QWUw-3gVlvi9ahxKeXdxB4YBzjDrItW5jA/edit?usp=sharing>



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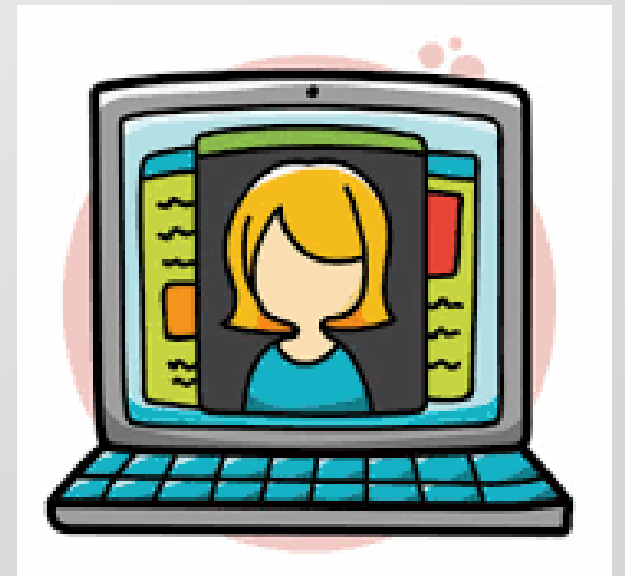
Elementary Virtual School Counseling

ESC Virtual Plan



Communication

Resources and Platforms





Elementary Virtual School Counseling

Virtual Counseling Plan for ESC

- Weekly communication sent out to families
- Communication will include a small SEL lesson or activity for students.
- One on one virtual counseling will be offered to students.
- Counselors will also be reaching out to connect with students that "go dark."



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Elementary Virtual School Counseling: Communication

Communication with Parents and Students

- Newsletter with 30 Days of Emotional Health Calendar
- Cards mailed home
- Mitel phone systems set up
- Websites being updated
 - Online Counseling Check in Form
 - Connection Questions
 - Community Resource links



Communication with Staff

- Uplifting, supporting emails sent to staff including self-care tips
- SEL Tab created in the distance learning one note for teachers to pull from

Communication with ESC Team

- Weekly Microsoft Teams Meetings
- Email Communication





Elementary Virtual School Counseling Resources and Platforms

Lesson Plans

- Second Step
- Sanford Harmony
 - <https://www.sanfordharmony.org/webinars/>

Social/Emotional Handouts and Activities

- Elementary Counseling Exchange on Facebook
- Teachers Pay Teachers
- Online Counseling Check-In Form
 - <https://bit.ly/2w8JaZI>

Engagement Platforms

- Flipgrid
 - <https://info.flipgrid.com/>
- YouTube
- Screen Casting
 - <https://screencast-o-matic.com>
- Site FB Pages

Professional Development

- ASCA
 - <https://www.schoolcounselor.org/>
- Ashley Kruger (CASC President) created document of FREE webinars
 - <https://bit.ly/3bQbRKu>



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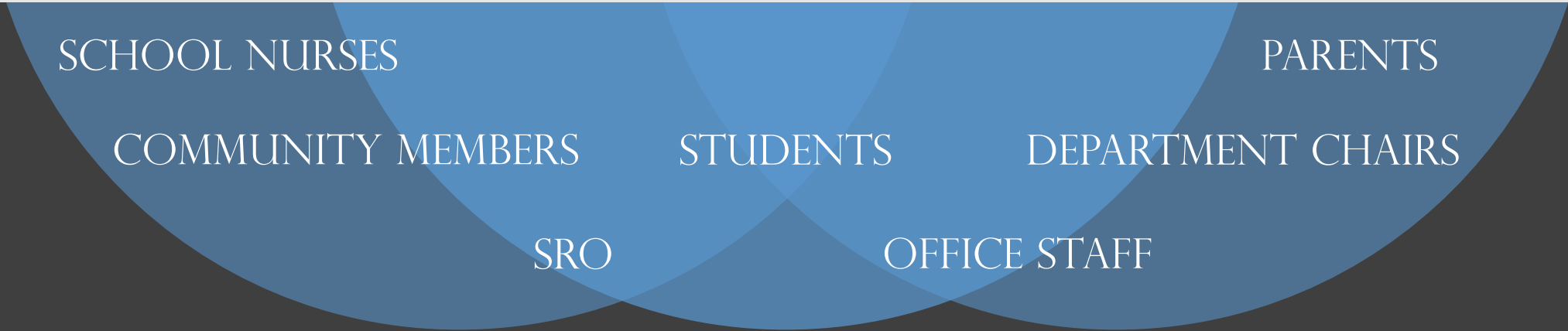
THE NEW NORMAL

- 
- WHAT DOES THIS LOOK LIKE?
 - "PRACTICE WHAT YOU PREACH"
 - BEING IN THE MIDDLE



TEAMWORK

Develop a plan



COMMUNICATION

- DISTRICT
- SITE
 - TEACHERS
 - ADMIN/COUNSELORS
- WEEKLY NEWSLETTERS

IDENTIFICATION

- **AT-RISK STUDENTS**
 - WHAT DOES THIS LOOK LIKE?
- **NON-RESPONSIVE FAMILIES**
 - SUPPORT WITH LAYERS
 - NEEDS ASSESSMENT
 - TEACHER/STUDENT CONTACT
 - SRO

MVUSD MS COUNSELING PLAN

PHASE 1: INFORMATIONAL

- Distribution of computers/work packets (non-graded)
- Weekly newsletter
- Teacher to student contact
- Counselor/MH contact with At-Risk and 504 students

SPRING BREAK

PHASE 2: DISTANCE LEARNING

- **Counseling focus: Engagement and communication**
 - Weekly Newsletters with SEL lessons
 - Microsoft 365:
 - Emails- Outlook
 - Counseling resources and F2F Meeting- Teams
 - Appointments- booking
- **Master Schedule / Course Selection**



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High School Counselor: Phase I

March 13-March 27

Preparing for Possible School Closure

- 1) High Risk Student List
- 2) Troubleshoot email and communications
- 3) Create a Counselor Newsletter/Bulletin
- 4) Create a COVID 19-Counselor Resource Page
- 5) Create HS counselor “to-do” list for 2nd semester

**Murrieta Valley Unified School District Counselors ALL worked together to create and share our resources. This helped us streamline resources for all.*

High School Counselor: Phase I

1) High Risk Student List:

School Counselors and Mental Health Counselor worked together to create a list of students with Emotional, Mental and/or Health Concerns

Example of students on the list-

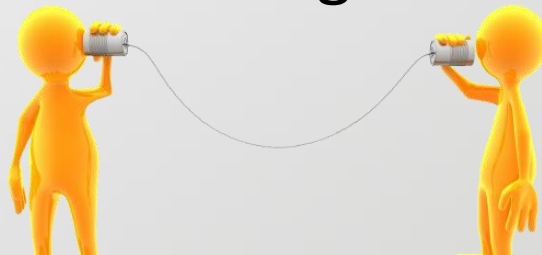
- Student with 504 Accommodations Plans
- Students with Safety Plans (previous suicide attempt or ideations)
- Students in Counseling Groups and/or frequent visitors to the Counseling Office



High School Counselor: Phase I

2) Troubleshoot email and communications:

- ALL MVUSD students have Microsoft 365 email accounts that are connected to their AERIES account.
- The Friday before our school closure, our Guidance Secretary sent emails to all teachers asking them to have all students check to make sure they were able to access their emails.
- If they had difficulties, they were sent up to the office to help troubleshoot.
- District has an information general email for parents and students to submit questions, concerns or to get assistance.



High School Counselor: Phase I

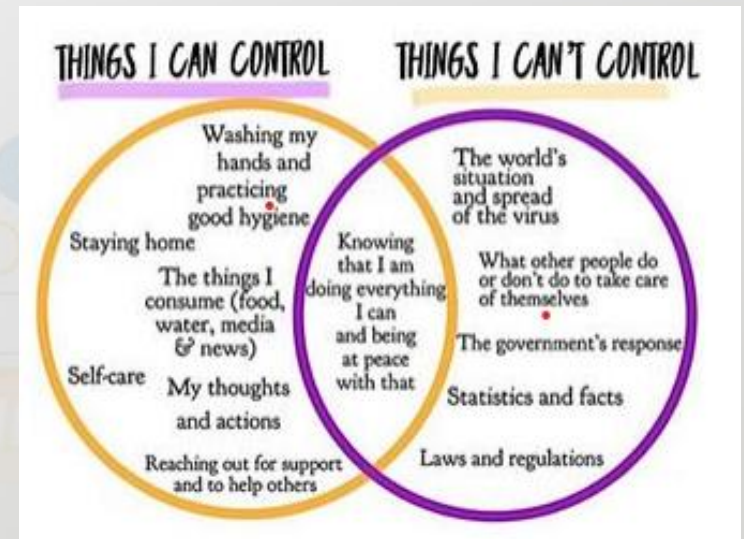
3) Create a Counselor Newsletter/Bulletin:

With so many emails being sent to our parents/students from our District office, we wanted to streamline communication from Counseling

Sections include:

- Counselor Office Hours
- Frequently Asked Questions
- Social and Emotional Support
- Tips on being a successful long-distance learner

[Link to our Bulletin](#)



High School Counselor: Phase I

4) Create a COVID 19 Counselor Resource Page:

On our Counseling Home Page, we wanted to provide students and parents with resources to support them during the COVID Pandemic

Sections include:

- Counselor Weekly Updates
- Student and Family Well-being Tools and Resources
- Crisis Resources Links

High School Counselor: Phase I

5) Create HS counselor “to-do” list for 2nd semester on Google doc:

Keep our "Counseling Teams" on track for the semester, we created a [Excel Spreadsheet](#) with our "to do" items with links

Sections include:

- Social Emotional High-Risk student check-ins
- Seniors at risk
- Juniors at risk
- Summer School
- Credit Recovery List
- Course Requests
- 504's
- Etc...

High School Counselor: Phase II

April 6-June June 5

Shifting to Long Distance Learning Counseling Support

- 1) Support students who are struggling emotionally and/or connecting with technology
- 2) Utilize new Mitel Office Phones
- 3) Help identify Seniors at risk of not graduating
- 4) Help identify Juniors who would benefit from online credit recovery during 2nd semester
- 5) Collect Summer School applications (still on hold)

High School Counselor: Phase II

1) Support students who are struggling emotionally and/or connecting with technology

- Emotionally: Connecting via emails, utilize *67 phone calls if needed
- Technology: Our Administration set-up a time when parents could check out Chromebooks for their student

High School Counselor: Phase II

2) Utilize new Mitel Office Phones (This is still very new)

- Our District approved Counselors to have Intel Office Phones that we can utilize during Office Hours
- Allows Parents/Students to contact Counselors thru connecting with extensions
- Consent Forms created to get approval from parents for teleconferencing

High School Counselor: Phase II

3) Help identify Seniors at risk of not graduation

- Teachers will be distributing "Progress Report Grade" that summarizes student work up until March 13
- Counselors will be working with seniors to help identify those who need additional support, credit recovery and or emotional support

High School Counselor: Phase II

4) Help identify Juniors who can benefit from Credit Recovery

- MVUSD utilizes APEX for online Credit Recovery
- Counselors will identify Juniors who need credit recovery currently and if appropriate, have student begin Apex coursework

High School Counselor: Phase II

5) Summer School

- Summer school is still on hold
- Counselors will collect any summer school applications and create spreadsheet
- Possibly creating on-line summer school application
- School counselors are recommending online for English or History and virtual classes for math

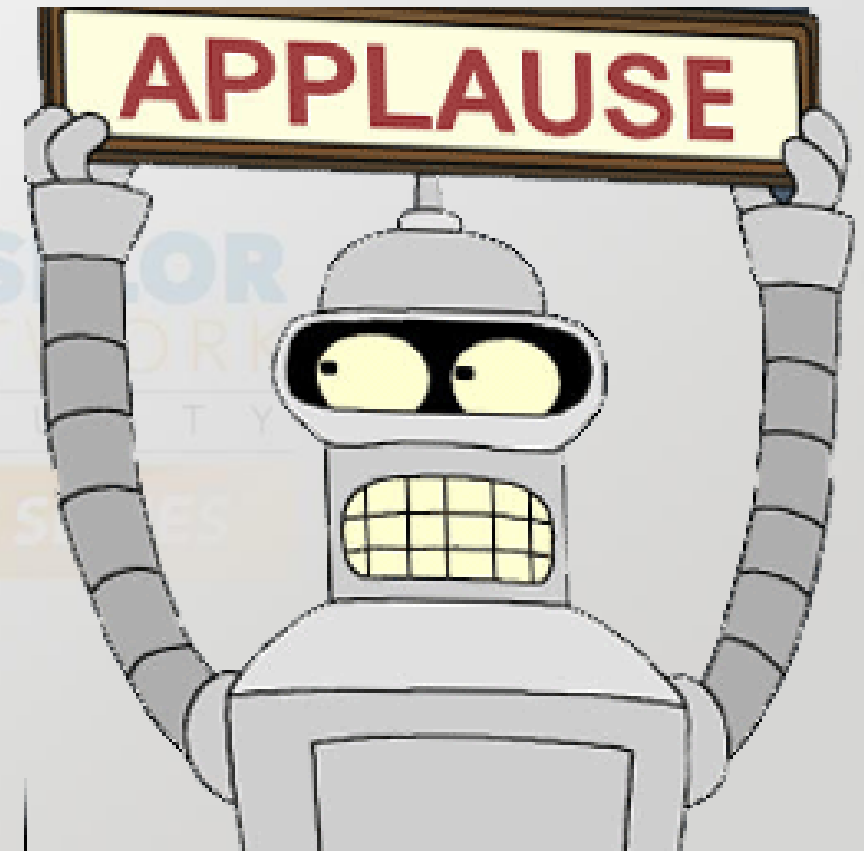


Question & Answer

Round of Applause for our Presenters!!

Murrieta Valley Unified School District

- Erika Bennett
- Melissa Hacker
- Cari Young
- Nicole Castro



We are here to support you!

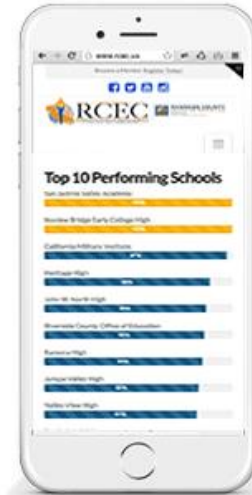
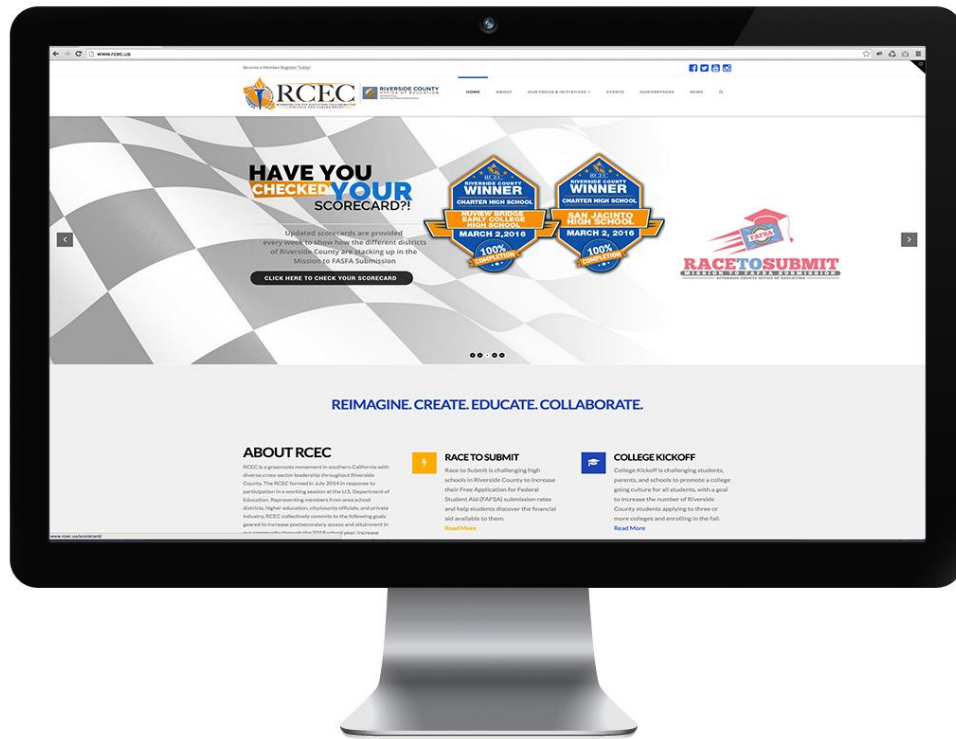
Please reach out to College and Career Readiness with any needs at your school site, professional development topics, or general questions at:

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FOR MORE INFORMATION AND RESOURCES PLEASE VISIT US @

www.rcec.us





thank you!